



TICKERTALK

JANUARY 2017

Hello and welcome all to our first edition of "Tickertalk" for 2017 – Hopefully you have all had a very happy and contented festive season and may the New Year be all you have wished for, and may our troubled world be blessed with peace and harmony.

Get well wishes are extended to those members who are currently in hospital and to those recuperating at home – may the New Year bring better health to you all.

A big welcome to our newest members – we hope you enjoy your time with our group. We look forward to meeting you at our meetings and social events.

VALE: Sincere sympathy is extended to the families of **Dianne Keene, Linton Jackman and Bernie Kingdom** – as well as to **Edna Watts** on the loss of her sister, Joyce, and to **Noel Rumbold** on the passing of her sister Lyn.

MARIE CARTWRIGHT

Aims of Heartbeat

1. To offer support to patients and their family and friends following a cardiac event such as heart attack, heart surgery, stents, angina, etc
2. To assist in the development of cardiac units by raising funds for the purchase of additional equipment for both our local hospitals
3. To promote friendship through meetings and social events

CONTACTS

SECRETARY: Jenny Kelly (5447 8320)

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**Post Office Box 58
BENDIGO NORTH VIC 3550**

Rotary Club of Bendigo/Strathdale

The Xmas Trailer raffle was drawn in December, and Bendigo Branch received the wonderful sum of \$3,000 as thanks for our part in selling tickets.

Many thanks to Dawn Bateman for co-ordinating the ticket sales and to the many members who sold tickets

2016 State Fund Raising Raffle

The raffle was drawn on 30 November 2016 and the winners were:

1st Prize: Frank E, Bendigo

2nd Prize: Diane S, Epsom

3rd Prize: GC, Geelong

4th Prize: Ken & Edna H, K Flat

5th Prize: Marie F, Ballarat

Bendigo Branch received \$5,670 from the sale of tickets, with 3 winners in Bendigo.

Many thanks to Dawn Bateman for co-ordinating the ticket sales and to the many members who sold tickets

GENERAL MEETINGS 2017

22 JANUARY

19 MARCH

21 MAY

16 JULY (AGM)

17 SEPTEMBER

19 NOVEMBER

TLC CARD LADY

Do you know of a member who is unwell or in hospital? Help us to let them know that we are thinking of them and wishing them well with a visit or a Get Well Card.

Please contact:

Dawn Bateman, Tel: 5442 5603

NOTES FROM YOUR COMMITTEE

Hello everyone and best wishes from your General and Social Committees for a happy and healthy 2017. We hope that Santa was good to you and that you did not overdo the Xmas cheer.

It is time to look to the future and listed above are the dates for our General Meetings to be held at the Uniting Church Hall, Chum Street, Golden Square starting at 2.00pm. You will note that the January meeting is scheduled for the 4th Sunday of the month not the 3rd, but all other meetings will be on the 3rd Sunday and we look forward to seeing as many of you as possible.

As you know, the Branch is operating with a skeleton committee and we are desperately trying to fill the vacancies. If you have a friend or family member who would be willing to support our significant community group, please let us know. It would be a terrible thing to have the Branch wind up after 30 years.

30th ANNIVERSARY END OF YEAR LUNCHEON

November 2016 was the 30th anniversary of the formation of the Bendigo Branch and this was celebrated by 110 members at the End Of Year Luncheon on **27 November** at the **All Seasons Hotel**. A great day was had and the pleasing amount of \$661 was raised. As usual, a big thank you must go to the Betty Wild, Maree Skeen and Jenni Gastin for the wonderful raffle prizes they provided, and to all committee people and members who helped on the day.

MARONG BOWLS CLUB HEARTBEAT FUND RAISING DAY – MONDAY 2 JANUARY 2017

Unfortunately, this fund raiser for Bendigo Branch was cancelled due to insufficient entries. This would have been the 26th year for this event – which has raised almost \$14,000 over the 25 years. This is a wonderful effort by Marong Bowls Club and its members, and Heartbeat Victoria Bendigo Branch is very grateful for the support it has received over the years.

CARDIAC REHAB VOLUNTEERS AT BENDIGO HEALTH

As you know Heartbeat Bendigo Branch supports both hospitals by providing volunteers to help in the Cardiac Rehab Units. We are now seeking 'new blood' to help with this activity in 2017. Volunteers are required from about 1.00pm to 3.00pm once per fortnight on a Wednesday or Thursday at Bendigo Health. The duties include marking the patient attendance list, handing out name tags and worksheets, setting out some afternoon tea and washing the cups afterwards. This is of great assistance to the staff and allows them to spend more time with the patients.

If you are interested in volunteering, please contact

Dawn Bateman on 5442 5603 or Barbara Dellar on 0417 961 777 as soon as possible

FIVE DAY CRUISE TO TASMANIA

All is under control for those of us cruising to Tasmania on "Golden Princess" departing Melbourne on Friday 31 March and disembarking on Wednesday 5 April 2017.

Final Payment of \$469.00 is due to be paid to Travel Centre, Bath Lane, by Monday 16 January.

Cost of **coach trip** from Bendigo to Station Pier and return is \$60.00 per person, which is to be paid to Heartbeat Social Committee. Coach will depart Old High Street, at the side of Foundry Complex at 10.00am.

Have you taken out your **Travel Insurance**? This is most important as you are not covered by Medicare or your private Health Insurance whilst on board. Don't forget your **sea-sickness tablets** – be like the Boy Scouts – be prepared!!

Our Tour Organiser, Andrew Zegelin, has arranged a 'get together' for any info or questions you may want to discuss. Please meet outside Travel Centre, Bath Lane, at **2.50pm on Wednesday 22 March**. From there Andrew will escort us to a venue where afternoon tea will be served. Please make a big effort to be there – it is for your benefit.

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SOME ADVICE FROM "OLD BUTCH"

Fred was in the fertilized egg business. He had several hundred young pullets and ten roosters to fertilize the eggs. He kept records and any rooster not performing went into the soup pot and was replaced. This took a lot of time, so Fred bought some tiny bells and attached them to his roosters. Each bell had a different tone, so he could tell from a distance which rooster was performing. Now, he could sit on the porch and fill out an efficiency report by listening to the bells. Fred's favourite rooster, Old Butch, was a very fine specimen, but this morning he noticed Old Butch's bell hadn't rung at all.

When he went to investigate, he saw the other rooster were busy chasing pullets, bells-a-ringing, but the pullets, hearing the roosters coming, would run for cover. To Fred's amazement, Old Butch had his bell in his beak so it couldn't ring. He'd sneak up on a pullet, do his job and walk on to the next one.

Fred was so proud of Old Butch, he entered him in the local show and he became an overnight sensation among the judges. The result was the judges not only awarded Old Butch the "No Bell Piece Prize", but they also awarded him the "Pulletsurprise" as well.

Clearly Old Butch was a politician in the making. Who else but a politician could figure out how to win two of the most coveted awards on our planet by being the best at sneaking up on the unsuspecting populace and screwing them when they weren't paying attention. Vote carefully in the next election, - you can't always hear the bells.

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SOCIAL COMMITTEE NEWS
COMING ATTRACTIONS

MORNING MELODIES

Tuesday 28 February **"Lanza Sings Again"** **\$12.00**

This wonderful performance stars Rob Best, Alison Jones and Chris McKenna

Wednesday 29 March **"Magic Moments of Burt Bacharach"** **\$12.00**

Presented by the Style Music Theatre

Friday 21 April **"From the Heart"** **\$12.00**

Bringing us Karen Knowles (of Young Talent Time fame)

Morning tea is available from 10.30am with the shows commencing at 11.00am. If you book and a ticket is purchased for you and for some reason you are unable to attend, you are obligated to cover the cost of the ticket.

Please indicate on booking sheets at meetings or give a call to Marie on 543 6797 if you will be joining us for lunch at the Foundry Complex following each performance.

For bookings for shows and/or lunch at the Foundry Complex, Contact: Marie 5443 6797

HEARTBEAT RICH RIVER POKIE TRIPS

1st Sunday of each month: Don't forget the pokie trips – the Coach is free, lunch at your own cost. **Godkins' Coach** departs at 9.30am from Woolworths, Golden Square, picking up at White Hills en route.

Info and Bookings: Contact Barbara on 5447 8434 after 5.00 pm or Mob: 0438 110 932.

The first trip for 2017 will be on 5 February.

Please patronise these days as the monies generated come directly to Heartbeat.

MELBOURNE THEATRE TRIPS

For our Melbourne theatre folk, we have the following bookings in 2017.

Tuesday 13 June **"My Fair Lady"** **\$100.00**

This popular performance at the Regent Theatre stars Roger Livermore and Robyn Nevins.

Deposit \$50.00 due by 21 April.

Wednesday 16 August **"Aladdin"** **\$100.00**

We have finally been allocated a booking for the musical "Aladdin" at Her Majesty's

Deposit \$50 due by 23 June

Coaches for Melbourne Theatre trips depart at 9.30am from **Old High Street - at the side of the Foundry Complex**, stopping en route at Macca's for refreshments.

For theatre info and bookings call Edna on 5447 8838

BLUMES WINTER FASHIONS

Tuesday 11 April **Eaglehawk Citizens' Band Hall** **\$5.00**

Commencing at 2.00pm, the cost includes entry, three raffle tickets and afternoon tea. Members a plate please. These fashion days are always enjoyable to bring your friends for a pleasant afternoon.

INFO OR BOOKINGS FOR ALL OUTINGS – RING MARIE 5443 6797 OR EDNA 5447 8838