



## **OPPORTUNITY TO VOLUNTEER FOR A NEW RESEARCH STUDY**

Our team of Australian researchers and clinicians is currently seeking volunteers to be part of an exciting new research study. We are working with Heartbeat Victoria to make the study available to as many people as we can.

The study aims to test if an online peer-support program (delivered via an app on your phone) is helpful and meaningful for patients. This is a world-first study of this type and will likely influence availability of future peer support programs.

To participate, you must be an adult diagnosed with heart disease in the past 12 months and have a mobile phone.

If you are willing to volunteer, half of the group will have access to the peer support app straight away and the other half will have access to the peer support app in 1 year. Our research team will also ask you to fill in some questionnaires about your heart health. When using the app, you will be able to access patient-friendly resources and to share your experiences with others in a similar position to yourself in an online forum that is moderated by healthcare professionals.

It takes less than 2 minutes to confirm if you are eligible and get started - click here [[survey link](#)] or scan the QR code.



We would also love to answer any questions you may have. For more information, please feel free to reach out to our friendly team members Wendy ([wendan.shi@sydney.edu.au](mailto:wendan.shi@sydney.edu.au)) or Joe ([joseph.weddell@sydney.edu.au](mailto:joseph.weddell@sydney.edu.au)).

